

Name _____ DOB: _____ Today's Date: _____

NEW PATIENT QUESTIONNAIRE

Where is your pain **PRIMARYLY** located? Low Back Neck Mid-back Whole Body Other: _____

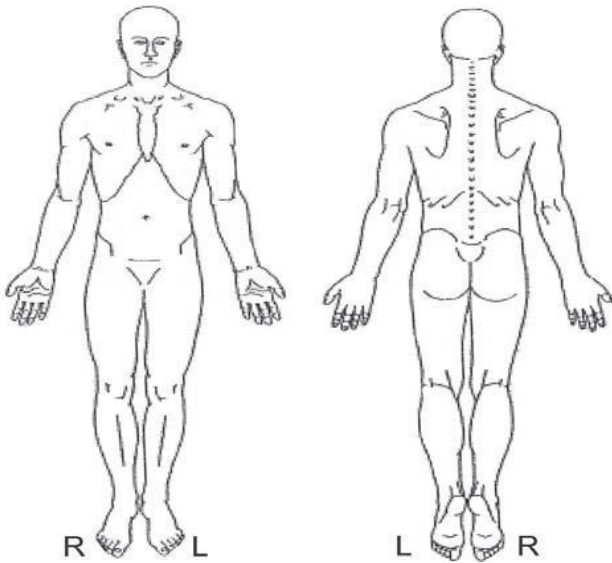
Does your pain radiate? No Yes it radiates to _____ (i.e. right leg, left arm, etc.)

How long ago did the pain start? More than 3 month ago Less than 3 months ago

How did your pain develop? Gradually Suddenly

Did your pain develop following a trauma or work-related injury? No Yes (circle that apply)

Where is your pain? (Please shade **PRIMARY** area with arrows for **RADIATION**)



Do any additional symptoms occur with your **PRIMARY** pain? (Select all that apply)

Numbness Tingling Weakness Urinary Retention Saddle Anesthesia

What is your **CURRENT** pain level?

(0—1—2—3—4—5—6—7—8—9—10)

(0= no pain, 10=pain so severe you can't even speak)

Have you ever been evaluated by a specialist for **THIS COMPLAINT?**

NO YES (please select all that apply and indicate the specific physician)

Neurology : _____

Neurosurgery: _____

Orthopedics: _____

Podiatry: _____

Rheumatology: _____

What do your symptoms feel like? (Select all that apply)

Burning Aching Throbbing

Cramping Stabbing Shooting Stinging

What maneuvers can make your symptoms **BETTER**? (Select all that apply)

Sitting Lying Flat Standing Leaning Forward

General Rest Other: _____

What maneuvers can make your symptoms **WORSE**? (Select all that apply)

Standing Walking Sitting General Activity

Other: _____

Have you ever been evaluated by a Pain Management Specialist for **ANY COMPLAINT?** (Please indicate which specific physicians you have seen)

NO YES: _____

Have you had any imaging related to this complaint within the past year?
MRI: _____

CT: _____

X-ray: _____

EMG/NCV: _____

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Previous Treatments

INTERVENTIONAL TREATMENTS

	Helpful	Not Helpful
Epidural Steroid	___	___
Radiofrequency Ablation	___	___
Spinal Cord Stimulation	___	___
Trigger Point Injections	___	___
Joint Injections	___	___
Other: _____	___	___

FUNCTIONAL TREATMENTS

	Helpful	Not Helpful
Home Exercise Program	___	___
Chiropractics	___	___
Myofascial Release	___	___
Physical Therapy	___	___
Other: _____	___	___

PSYCHOLOGICAL THERAPIES

	Helpful	Not Helpful
Cognitive Behavioral Therapy	___	___
Acupuncture	___	___
Tai Chi	___	___
Other: _____	___	___

OTHER THERAPIES

	Helpful	Not Helpful
TENS Therapy	___	___
Heat/Ice Therapy	___	___
Topical Treatments	___	___
Medical Cannabis	___	___
Other: _____	___	___

ANTI-INFLAMMATORY THERAPY

	Helpful	Not Helpful
Oral Steroids (<i>Prednisone</i>)	___	___
Ibuprofen (<i>Advil</i>)	___	___
Naproxen (<i>Aleve</i>)	___	___
Celecoxib (<i>Celebrex</i>)	___	___
Meloxicam (<i>Mobic</i>)	___	___
Sulindac (<i>Clinoril</i>)	___	___
Diclofenac (<i>Voltaren</i>)	___	___
Other: _____	___	___

NEUROPATHIC MEDICATIONS

	Helpful	Not Helpful
Amitriptyline (<i>Elavil</i>)	___	___
Gabapentin (<i>Neurontin</i>)	___	___
Pregabalin (<i>Lyrica</i>)	___	___
Topiramate (<i>Topamax</i>)	___	___
Duloxetine (<i>Cymbalta</i>)	___	___
Nortriptyline (<i>Pamelor</i>)	___	___
Other: _____	___	___

SKELETAL MUSCLE RELAXANTS

	Helpful	Not Helpful
Baclofen	___	___
Cyclobenzaprine (<i>Flexeril</i>)	___	___
Tizanidine (<i>Zanaflex</i>)	___	___
Methocarbamol (<i>Robaxin</i>)	___	___
Orphenadrine (<i>Norflex</i>)	___	___
Other: _____	___	___

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PAST MEDICAL HISTORY (Select all that apply)

- Glaucoma
- Migraines
- Seizures
- Neuropathy
- GERD
- Peptic Ulcer Disease
- Ulcerative Colitis
- Crohn's Disease
- Coronary Artery Disease
- Atrial Fibrillation
- Myocardial Infarction (Heart Attack)
- Congestive Heart Failure
- Hypertension
- Diabetes
- Kidney Failure
- Kidney Stones
- Peripheral Vascular Disease
- Von Willebrand's Disease
- Factor V Lieden
- Pulmonary Embolism
- DVT
- Thrombocytopenia (Low Platelets)
- Cancer
- Liver Disease
- Obstructive Sleep Apnea
- COPD
- Bipolar Disorder
- Schizophrenia
- Obsessive Compulsive Disorder
- Depression
- Anxiety
- Alcoholism
- Opiate Dependency
- Rheumatoid Arthritis
- Systemic Lupus Erythematosus
- Fibromyalgia

Other: _____

MEDICATIONS (Please list dosage and frequency)

DRUG ALLERGIES

SURGICAL HISTORY (List procedure and year)

FAMILY HISTORY (Select all that apply)

- Cancer Bleeding Disorder
- Rheumatological Disease

Other: _____

SOCIAL HISTORY

- Are you a smoker? NO YES
- Do you use IV drugs? NO YES

Have you had a pneumococcal vaccine? NO YES
Date (Year/Month): _____

REVIEW OF SYSTEMS (Select all that apply)

- Constitutional:* chills fever weight loss
- Skin:* rash ulcers
- HEENT:* blurred vision ringing in ears vertigo
- Resp:* cough wheezing shortness of breath
- CV:* chest pain palpitations edema
- GI:* constipation diarrhea heartburn
- Neuro:* fainting seizures
- Psychiatric:* tired fogginess personality changes
- Endocrine:* sweating hot flash sexual dysfunction
- Hematology:* easy bruising easy bleeding nose bleeds